

Community Standards



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✿ Community Orientation

This community is for women who prioritize quality over noise.

The experiences offered follow a quiet luxury approach.

✿ What We Mean When We Say...

Quality – intentional curation, discernment in shared spaces, and divine friendships that function like a shared garden, where women pour into one another and growth follows.

Noise – drama, unnecessary stress, or behaviors that fracture trust and disrupt connection between women.

Quiet Luxury – an intentional approach to gathering that prioritizes discernment and how experiences are held.

✿ What Is Quiet Luxury (Expanded)

Quiet luxury is not a material thing.

It is not about money, labels, status, or appearances.

Quiet luxury is how an experience is held.

It shows up as restraint rather than excess, and discernment rather than access to everything.

Quiet luxury is the ability to gather without chaos.

It is choosing environments where nothing has to be explained, defended, or emotionally managed.

In community and friendship, quiet luxury looks like women knowing how to share space without taking over, experiences that are paced and thoughtfully led, friendships that grow through shared presence, and leadership that is felt rather than loud.

Quiet luxury is the freedom of not tolerating drama in the name of connection.

It is choosing quality relationships over constant access.

That is the experience being protected here.

✿ Member Profile & Identity

This community is for women who prioritize quality over noise.

To support safety, trust, and genuine connection, members are required to have:

- a clear photo of themselves on their Meetup profile
- a completed profile that reflects a real person

Profiles without a visible photo or that appear incomplete, anonymous, or unclear may be declined or removed.

This is a women centered community. Membership is limited to women who align with the values and tone outlined in this manual.

✿ Membership Expectations

Membership reflects an understanding that this community is curated and participatory.

Members are expected to engage with care, show up in good faith, and honor community guidelines, including attendance commitments.

Being part of the community includes participating, communicating when plans change, and supporting the shared experience.

At times, leadership may refine the environment to preserve quality over noise. This may include limiting participation or removing members whose behavior introduces drama, unnecessary stress, or fractures trust and connection between women.

✿ Event Participation Expectations

Members are expected to RSVP thoughtfully, attend events they commit to, respect the flow and pacing of each gathering, and follow host guidance during events.

Participation includes honoring RSVP commitments and communicating when attendance is no longer possible.

✿ No Show Policy

Attendance matters in a curated space, and honoring attendance commitments is considered part of participation.

Repeated no shows or last minute cancellations without communication may result in removal from future event invitations, limited access to capped or ticketed events, or review of continued participation.

This policy exists to protect the shared experience and preserve the quality of the environment.

✿ Membership Dues Policy

Membership dues are \$25 per year.

- access to monthly virtual and in person events
- member only freebies and resources
- discounted access to retreats and special experiences
- access to women across all participating cities
- access to the community Facebook group
- covering the cost of Meetup Pro
- Zoom and virtual event hosting platforms
- Cheddar for secure event payments and refund processing
- administrative and platform expenses
- community tools and infrastructure

✿ Payments and Approved Platforms

All event payments are collected through approved business platforms designed for secure transactions.

Approved platforms include Meetup, Cheddar, PayPal Business, Eventbrite, and Ticketmaster.

Peer to peer payment tools such as PayPal Friends and Family, Cash App, Zelle, or Venmo are not used for community events.

Any event organizer requesting payment through an unapproved platform is in policy violation.

Members should contact community administration if this occurs.

✿ What Is Cheddar

Cheddar is a secure platform used by event organizers to collect event payments.

All event funds collected through Cheddar are held within the platform. Neither individual event organizers nor the community directly hold members' money.

Cheddar exists to support transparency and protect both members and organizers.

✿ Refund Process

1 Submit the refund request directly to the event organizer who hosted the event

2 If you do not receive a response from the event organizer within a reasonable time, contact your City Leader or community administration

3 If you do not receive a response after contacting the City Leader or community administration, you may email admin@introvertedgirlfriends.com

Refunds are issued according to the event organizer's stated refund policy and may be approved only if funds have not yet been released.

✿ When Funds Are Released to a Vendor

Once funds are released to a vendor such as a venue, restaurant, instructor, or service provider, the funds are no longer held by the organizer or the community.

At that point, refunds must be requested directly from the vendor, and the community does not have control over those funds.

✿ Staying Connected

Members are encouraged to stay informed by subscribing to Meetup notifications and messages so updates, announcements, and changes are not missed.

✿ Virtual Group Participation

Virtual community spaces, including GroupMe, the community Facebook group, and Meetup group discussion forums, are extensions of the community space and are held to the same standard as in person and virtual gatherings.

Participation in virtual group spaces is expected to prioritize quality over noise.

This means communication should reflect intentional curation, discernment in shared spaces, and respect for divine friendships within the community.

Noise in virtual group spaces includes drama, unnecessary stress, gossip, or behaviors that fracture trust and disrupt connection between women.

Leadership may make adjustments to virtual group spaces when necessary to preserve quality over noise and maintain alignment with the values outlined in this manual.

✿ Helpful Tips

Members are encouraged to download the Meetup app and enable push and email notifications.

Please enable private messaging so event organizers can contact you directly if needed.

*** Soliciting & Advertising**

Soliciting, fundraising, and self promotion are not permitted within the community.

Promotion is limited to approved sponsors only.

*** Photography & Media Disclaimer**

Photography and video may occur during events.

Images may be used for community documentation and promotion.

Members who prefer not to be photographed or recorded should inform the event organizer in advance.

*** Community Roles At a Glance**

Owner and Curator

Sophia White

Founder and curator of the community. Responsible for shaping the overall structure, direction, and experience.

Lead Organizer

Supports the structure of the community and ensures city chapters are supported and active.

City Leader

Leads the community within a specific city and supports local organizers and members.

City Leader Assistant

Supports the City Leader and helps maintain continuity within the chapter.

Event Organizer

Hosts small group gatherings and brings the community experience to life.

Organizer Onboarding Lead

Supports how new Event Organizers are welcomed and prepared.

Leadership Care Lead

Supports encouragement and connection among women in leadership.

Brand Ambassador

Introduces the community to aligned women with integrity.

✿ Volunteer Roles & Respect

All leadership and organizer roles within this community are volunteer roles.

This community is not for profit, and no one is salaried or compensated through Meetup.

Members are expected to respect the women who give their time and energy to support the community.

✿ Community Evolution

This community may evolve over time in structure and programming.

Continued participation reflects openness to that evolution.

✿ Final Note

This community is designed for women who choose to participate with intention.

Women who align with this approach will find meaningful connection and shared experiences without noise.